



## REGISTRATION

Members Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Signature: \_\_\_\_\_

PROGRAM	CLASSES/WEEK	MONTHLY COST	COST/CLASS	CHOICE
BCSGT 1	1	Varies by month/see reverse side	\$25.00	<input type="checkbox"/>
BCSGT 2	2		\$22.50	<input type="checkbox"/>
BCSGT 3	3		\$20.00	<input type="checkbox"/>
CLASS TIME CHOICE		M-W-F 9:30 am <input type="checkbox"/>		

If your class selection has filled, you will receive an email from the Fitness Director with other options.  
If you have selected a less than 3x per week option, please write which class time you are hoping to attend here: \_\_\_\_\_

Drop ins are allowed if a class has less than 12 participants that day. Drop in price is \$35 per class attended.  
Talk to the trainer to drop in that day.

## BILLING INFORMATION

- Base Camp Small Group Training is automatically billed to your account at the beginning of each month for the entire month. This program is NOT billed on a per class attended basis.
- Classes are non-refundable
- Program is in effect, in full month increments, until the member cancels it by emailing sboring@racmn.com
- Class sessions are not transferable within the family
- Missed sessions do not carry over to the following month
- The Rochester Athletic Club reserves the right to adjust fees for this program

## PROGRAM SPECIFICS

- Each Base Camp Cycle is 3 months in length, and workouts within each cycle build on each other
- There are 4 Base Camp Cycles per year, and each cycle builds on the previous
- Priority will be given to members signing up for 3x per week. The program is design based on the 3x week frequency.
- Any member signing up for less than 3x per week is only guaranteed a spot for the cycle after that class cycle has officially started.
- If space is available, members may join in the middle of a cycle—our trainers are able to get you up to speed quickly and safely! Fees would be prorated for that month.



## 2025 SCHEDULE/BILLING INFORMATION

The pricing below is for educational purposes and reflects the max cost for someone signed up for Base Camp 3x week option. If you sign up for less than this option, the cost would reflect that.

### MONDAY / WEDNESDAY / FRIDAY

MONTH	NUMBER OF CLASSES	MONTHLY COST
January	13	\$260
February	12	\$240
March	13	\$260
April	13	\$260
May	12	\$240
June	13	\$260
July	12	\$240
August	13	\$260
September	12	\$240
October	14	\$280
November	12	\$240
December	12	\$240

*There are no classes held on New Year's Eve, New Year's Day, Memorial Day, Fourth of July, Labor Day, or Christmas Eve*